

PEPPERMINT HOT YOGA & WELLBEING

New starter information

PERSON INFORMATION

Full name	
Address & Postcode	
Mobile	
Gender	
Emergency contact Name Contact number Relationship	
Parent/cater name & contact if under 16 years of age.	

MEDICAL INFORMATION

Our classes are performed in up to 43 degrees Celsius heat and represent strenuous activity. If you have a medical condition, we request that you consult a doctor before you take part in a class.

Do you suffer from any of the following medical conditions? Please tick YES or NO to the conditions that apply to you.

Condition	YES	No
Heart Condition		
Diabetes		
High blood pressure		
Low blood pressure		
Epilepsy		
Respiratory conditions		
Pregnancy		
Surgery (within the past 2 years)		
Injuries (within the past 2 years)		

Given birth (within the past 6 months)		
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The answers given by you do not in anyway substitute for a medical examination.

It is your responsibility to consult with your doctor if there are any changes to your medical information and to make sure that you are medically fit to take part in classes at Peppermint Hot Yoga & Wellbeing.

MEMBER AGREEMENT

I have read and fully understand the contents of this form and confirm that my answers are true to the best of my knowledge. I am voluntarily participating in the activities and I understand that any advice provided to me by any director, employee or instructor at Peppermint Hot Yoga & Wellbeing Ltd is followed at my own risk. I assume all responsibility and liability for any injury I may sustain due to my participation in these activities.

I willingly declare, understand and accept the following;

1. I am aware that participation in a class, workshop, event or activity may be hazardous. I acknowledge that a certain minimum level of physical health, strength, fitness and flexibility is necessary to participate in these activities.
2. I waive full liability in consideration for being permitted to participate in any class, workshop, event or activity, I agree that my heirs, assignees, guardians and any legal representative will not make a claim against, sue or attach the property of any of the host, instructors, organisers or participants in the classes, workshops, events or activities including but not limited to Peppermint Hot Yoga & Wellbeing Ltd, for injury or damage resulting from my participation in such event described.
3. I have read, understood and agree to the Booking, refunds & cancellations policy, and the Privacy Policy.
4. Peppermint Hot Yoga & wellbeing Ltd is not liable for any loss, theft or damage occurring to any personal property on its premises.
5. Peppermint Hot Yoga & Wellbeing Ltd reserves the right to photograph or film during classes and to use these images for website and other marketing purposes. I understand it is my responsibility to inform instructors if I do not wish my image to be used in this capacity.
6. I understand it is my responsibility to opt in/out of receiving email/sms notifications from Peppermint Hot Yoga & Wellbeing Ltd informing me of confirmation of booking, purchases, class reminders, pass expiration and cancellations, as well as information of other services that Peppermint Hot Yoga and Wellbeing Ltd think may be of interest to me.
7. I understand that this contract is subject to English law and English court jurisdiction. I have read and agree to release waiver and liability and fully understand the contents.

I voluntarily agree to the Bookings/Cancellation & Refunds Policy, and the Privacy Policy of Peppermint Hot Yoga & Wellbeing Ltd.

Signed	Date
Approved by	Date



Peppermint

Yoga | Pilates | Well-being

peppermint-hotyoga.co.uk

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